



# Become a Certified Personal Trainer

LET NASSAU BOCES  
PREPARE YOU TO TAKE  
THE ACE EXAM



Learn exercise science, nutrition, instructional techniques, fitness assessment and exercise programming; while preparing for the American Council of Exercise Personal Trainer Exam in our modern fitness center.

n a s s a u  
**BOCES**  
Board of Cooperative Educational Services

Adult Career and Educational Services  
Joseph M. Barry Career and Technical Education Center  
1196 Prospect Avenue, Westbury, NY 11590 · (516) 622-6950 ·  
Fax: (516) 832-2853  
[www.adultednassau.org](http://www.adultednassau.org)

